

# #aiJournalChallenge

Alcohol Ink Art Journal Challenge

**ALCOHOL INK ART**

Learn, create & share art.™

community

# Prompts for Inspiration

1. Pick one subject that you like to paint. Spend several days in your journal perfecting your technique or exploring different ways to create the same subject.
2. Create a collage using repurposed trash and household items. Ideas can include ink-stained paper towels, old product packaging, buttons, etc.
3. Choose a color that you do not normally work with and create something fabulous in your journal!
4. These days there is such a need to release frustration, boredom, anger, agitation, and other emotions. Channel those emotions into your journal page
5. Pick a childhood memory and paint it or incorporate it somehow into your journal page.

# Prompts for Inspiration

6. Have a friend or family member create some random shapes on a page, then finish it as an abstract painting!
7. Paint the same thing several times using different color schemes.
8. Find a photo of your favorite place and paint it.
9. Paint a background with alcohol ink and then doodle what you feel on top.
10. Choose images from a magazine that could work together, cut out segments from different pages, collage together to make a masterpiece. Then enhance with alcohol ink!

# Prompts for Inspiration

11. Recreate a work from your favorite artist, making it your own.
12. Go for a walk with your smart phone with camera, take a photo of 10-15 things. Then paint a couple of those.
13. Music moves us in so many ways. Pick your favorite song and create a piece inspired by that song.
14. Choose a city or community that you love. Paint landmarks from that city.
15. Create a painting using alcohol ink markers. Yes. You can use a brush and some alcohol for blending, but see if you can make it 90% from markers

# Prompts for Inspiration

16. Create a painting using yarn or string as a painting tool.
17. Create a monoprint with alcohol ink. Add detail or doodles if needed.
18. Paint something whimsical ( a bird, a tree, a house, a mushroom, etc.)
19. Use a fine tip alcohol ink marker or illustration pen to create a page full of shapes (overlapping is good). Then, fill in the shapes in with markers or alcohol ink.
20. Choose a travel destination that you would like to go to or that you have been, and paint go there by painting it!

# Prompts for Inspiration

21. Write a compliment to yourself for something you have accomplished in your life. Base your painting on that compliment.
22. Use Mod Podge to adhere book pages, old telephone book page or magazine page to a journal page. Use that as your background and create your painting on top of that background.
23. Pick from the following list of subjects to paint.
24. Create a painting using just Black
25. Create a painting using just two colors.

# Prompts for Inspiration

Below are some subject prompts

Beach	Halloween (which, cat, pumpkin)	Water Scene with Reflections
Fish	Fish Bowl	Old Barn
Under the Sea	Vintage Car or Truck	Peacock
Treasure	Birds	Butterfly
Fall (seasonal)	Architecture	Sea Turtle
Holiday	Cityscape	Sailboat
Fruit Slices	Fashion	Castle
Sunrise / Sunset	Trees	Dragon
Flowers	Animals	Guitar (or musical instrument)
Cocktails / Wine Glasses	Balloons	Umbrella
Flip Flops		